

GOAL-SETTING AND ACTION PLANS

How will you make 2019 your best year yet? The year that you look back on and think,

“Wow - I accomplished so much more than I ever thought possible. I got exactly what I wanted, and more!”

The answer lies in **goal-setting and action plans**. You must get crystal clear on your goals for the next 365 days, write them down, and then create an action plan to move toward them and make them a reality.

MAKE YOUR GOALS REAL WITH THIS GOAL MAPPING WORKSHEET

You'll focus on three distinct key areas of your life:

1. Personal Growth & Contribution
2. Achievements & Experiences
3. Financial Freedom & Rewards

Everything around you in your life right now once started out as just a thought, a desire, an inspired moment. You now have the power to take your current thoughts and turn them into a tangible, promising future.

Create your compelling future. Build the life of your dreams. Make goals that will drive you - goals with some power behind them. **After all, goals are just dreams with deadlines.**

As you approach this exercise, be sure to put yourself in a positive, peak state. Have absolute faith and expectation that you can create anything you want in your life. Be enthusiastic. Be ambitious! Reach for the out limits of what you believe you can achieve in one year. Find your place among the stars.

ACTIVITY 1

Write down your top 3 financial goals for the coming year below. Get specific. How much money do you want to earn? How will you grow your career and/or business? What would you like to learn? How much do you want to give? Write down the goals that will make 2019 a financially rewarding year for you.

GOAL #1	GOAL #2	GOAL #3
Why is this goal important to me?	Why is this goal important to me?	Why is this goal important to me?
What are three action steps I am committed to taking toward achieving this goal? 1. 2. 3.	What are three action steps I am committed to taking toward achieving this goal? 1. 2. 3.	What are three action steps I am committed to taking toward achieving this goal? 1. 2. 3.

ACTIVITY 2

What are 3 key goals to develop/grow your business in the next year? Think about clients, how you and by how much you want to grow. How can you grow towards the person you've always wanted to be?

GOAL #1	GOAL #2	GOAL #3
Why is this goal important to my business?	Why is this goal important to my business?	Why is this goal important to my business?
What are three action steps I am committed to taking toward achieving this goal? 1. 2. 3.	What are three action steps I am committed to taking toward achieving this goal? 1. 2. 3.	What are three action steps I am committed to taking toward achieving this goal? 1. 2. 3.
What is the impact/relevance of this goal on my business?	What is the impact/relevance of this goal on my business?	What is the impact/relevance of this goal on my business?

ACTIVITY 3

By achieving the previous 3 goals regarding your business, how can they contribute to your 3 personal goals? What are 3 ways you can enrich your life in the next year?

ACTIVITY #1	ACTIVITY #2	ACTIVITY #3
Why is this activity important to my business?	Why is this activity important to my business?	Why is this activity important to my business?
What are three action steps I am committed to taking toward achieving this goal? 1. 2. 3.	What are three action steps I am committed to taking toward achieving this goal? 1. 2. 3.	What are three action steps I am committed to taking toward achieving this goal? 1. 2. 3.
How can your business facilitate the achievement of this goal?	How can your business facilitate the achievement of this goal?	How can your business facilitate the achievement of this goal?